

Dear Readers,

Welcome to the 66th edition of Diabetes Network News. The theme for this edition is type 1 diabetes. We aim to raise the awareness of this condition in rural and remote SA. The prevalence of type 1 diabetes is increasing as demonstrated by the recent Australian Institute of Health and Welfare report which estimates an increase of 10% since 2008 in the 10-14 year old age group.

Whilst type 1 diabetes most commonly develops in childhood and adolescence it can have its onset at any time. It is incurable and as yet there is no way to prevent it. The management of type 1 diabetes requires a multidisciplinary health care approach which can be particularly challenging in rural areas.

We hope you enjoy reading about the health services, research and resources pertaining to type 1 diabetes that we have profiled in this edition.

Cheers

Jane Giles, Manager

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Diabetes Outreach

Diabetes Outreach is a Country Health SA program, providing continuing education, support and assistance with service planning.

Diabetes Outreach

- > Provides training and support for rural and remote health professionals.
- > Contributes to local and regional networks.
- > Promotes evidence based standards of care.
- > Facilitates access to information about quality assurance and documentation.
- > Facilitates access to information about population health needs.

We offer:

- > Education resources for health professionals and people with diabetes.
- > Education programs conducted in rural and remote areas.
- > Distance education programs.
- > Peer support.

The vision of Diabetes Outreach is:

Better health for rural and remote South Australians by supporting health service providers towards best practice in diabetes care.

The Diabetes Outreach team is located at 8 Woodville Rd, Woodville South SA 5011. Visit our website www.diabetesoutreach.org.au for access to and information about education programs and free resources for both people with diabetes and health professionals.



L-R: Kathy Melino, Tracey Gerhardy, Jane Giles, Kate Visentin

Cover pict: Diabetes Department staff photo

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