

## **Suggestions for submitting an article to Diabetes Network News**

The Diabetes Network News is a quarterly magazine that is published by Diabetes Outreach. Its target audience is health care providers working in country South Australia in particular nurses, dietitians, podiatrists and Aboriginal health workers. Every edition we aim to profile a rural area and invite individuals to submit articles about activities in their health service.

We invite you to submit

- A case study eg a client, health service or health care provider.
- An interview eg with a client or a health care provider.
- A clinical service eg high risk foot clinic, insulin stabilisation service, pump clinic, innovative group education, population profile and how your service has addressed any changes.
- A research project/study or education program evaluation.
- Recipes using local produce.
- Quality improvement activities such as diabetes related policies or procedures.

We have provided a brief framework to assist you with your submission. Please use the one that best suits your article type

### **Case Study**

When writing a case study it is important to have a clear idea of why you are writing it, what is the focus and what will the reader gain from it.

Case studies can be used to describe a client journey or story. Alternatively a case study might be outlining the way a health service has solved an issue or provided a service. There is no rigid form but the case study should flow easily and include important information such as the who, what, why, when, where and how. These headings will also suit a case study that is profiling a health service or clinical service that is being provided.

You may like to consider getting the clients or a health care provider's view to support your case study (NB make sure you obtain consent).

### **An interview**

Interviews can be an interesting way of describing an issue or event or even to introduce a new member from your team. You can use direct quotes from your interview as well as using your own words to provide structure and background to the article (NB make sure you obtain consent).

### **Research project/study or education program evaluation**

If your article is about a project or program that you have been involved in it may be useful to use traditional headings to frame your piece;

- Aim
- Objectives
- Method
- Results
- Discussion/conclusion

Alternatively you might frame it using

- Background
- What we did
- What worked
- Lessons learnt