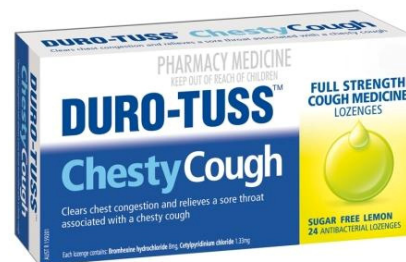


Cough lozenges & mixtures

Suitable cough lozenges/mixtures for people with diabetes

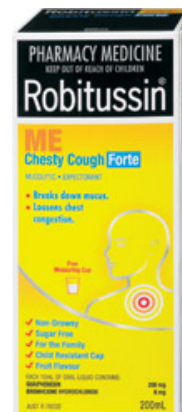
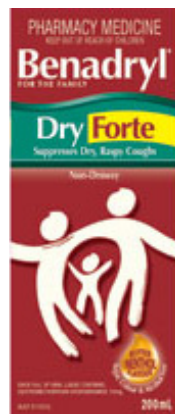
Lozenges

- > Strepsils strawberry flavour and lemon flavour (sugar free)
- > Duro-Tuss Cough Lozenges (sugar free)
 - > eucalyptus and menthol; lemon; orange
- > Diffiam Anti-Inflammatory Anti Bacterial Lozenges (sugar free)
 - > orange; doublemint; honey and lemon; raspberry; menthol and eucalyptus, berry; blackcurrant
- > Fisherman's Friend (sugar free)
 - > fresh mint, strong blackcurrant, original (low sugar)
- > Double 'D' Eucalyptus Drops (sugar free)
- > Vicks Vital Vitamin C Throat Lozenges (no added sugar)
- > Bosisto's Eucalyptus Drops (sugar free)
- > Strepfen Intensive Lozenges
 - > orange (sugar free)
- > Soothers (sugar free)
 - > orange.



Mixtures

- > Dimetapp DM Cold and Cough Elixir (sugar free)
- > Duro-Tuss Cough Liquid (sugar free)
 - > Expectorant; Chesty Forte; Dry Regular; Dry Forte
- > Benadryl Dry Forte (sugar free)
- > Difflam Anti-Inflammatory Solution & Difflam Forte (sugar free)
- > Robitussin (sugar free)
 - > Chesty Cough; Chesty Cough Forte; Cough and Chest Congestion; Chesty Cough and Nasal Congestion PE/PS
- > Nyal Dry Cough & Cold and Flu Medicine (sugar free)



Key points to remember

- > Check list of ingredients
- > Check all warnings or cautions
- > Avoid preparations with alcohol
- > Avoid preparations with sugar, buy sugar free if available
- > Ask for advice from Pharmacist or GP.

For more information

Diabetes Outreach
8 Woodville Rd
Woodville South SA 5011
Telephone: (08) 8222 6775
www.diabetesoutreach.org.au